

The First 12 Days of January

The first 12 days of January is a very powerful time to visualize the way you would like your life to manifest during the rest of the year. If you take a few moments each day to invoke a particular vibration, you will be amazed by your own power of manifestation. The following is a list of invocations for each of the first 12 days of the year.

Start with a letter to yourself on New Years Eve that is written as if all of the things you are writing about have already occurred. Describe in detail the joyous events that you would like to have happen during the year, remember, this is a fantasy and it can be as grandiose as you like. Be sure to include all aspects of your life including creativity, love relations, personal growth opportunities, career goals, material gain (new home, new car, etc.). Most of all HAVE FUN!

Please visit www.sedonajeannie.com/thank-you for more tools and resources for living life with intention

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1. Indulgence/self pleasure: give to yourself today. Deposit money into your bank account. Invest in yourself and self-gratification.
2. Relationships: give and receive through relationships with others acknowledge the importance of friends and family.
3. Communication/travel: telephone people with whom communication is important to you. If possible travel for pleasure, even if it is only a short drive.
4. Work: work with diligence and focus, extend yourself in areas that you would like to work in. In other words, in addition to your current vocation, volunteer, donate or assist in other areas of interest to you.
5. Travel: need I say more? Get out into the world and view it with the eyes of an adventurer. Go anywhere that you can that is out of the ordinary.
6. Responsibility: Pay something towards **every** bill to which you are obligated. This sets a pattern of responsibility and affords you the feeling that there is nothing that you are shirking or avoiding.
7. Psychic Awareness: meditate, get massage, have a reading, anything that helps you tune into the higher guidance. Acknowledge the guidance that is there, affirming your acceptance and appreciation for it.
8. Receive: gifts, anything owed to you, especially money. 8 is the number of business and rewards related to business.
9. Fortune / Fame: how others will see you throughout the year. Get out and be seen looking your best. Meet with friends, eat out etc.

The last three days reflect a higher vibration of the first three in order to refine our self-definition and goals.

10. Self
11. Relationships
12. Communication and Travel